

# Nkomazi

— GAME RESERVE —

## BODY SCRUBS

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### KOMATI RIVER RAPIDS 60 MIN | 690

Indulge your senses and renew your body with this full body scrub, full body wrap and a hot stone back massage treatment.

### FULL BODY SCRUB 60 MIN | 690

Pamper your skin with this full body scrub treatment followed by a lather of our hydrating body baobab moisturising lotion. Leave with your skin feeling re-energised, silky-smooth and detoxified. Includes a back & neck massage.

## MASSAGES

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### BACK, NECK & SHOULDER MASSAGE 30 MIN | 380

### STRESS BUSTER 45 MIN | 495

Back, neck, shoulder and scalp massage followed by a relaxing foot massage.

### FULL BODY MASSAGE 60 MIN | 695

Muscle tension, aches and pains can often hold us back from doing the things we need to do. This is where our full body massage can help you. Targeting all the places you hold the most tension, it works to help improve circulation and flexibility and reduce pain and stress.

### HOT STONE MASSAGE 30 MIN | 395 | 60 MIN | 690

Warm and soothing, this is a wonderful natural therapy beneficial on both physical and psychological levels.

### COMPLETE BLISS 80 MIN | 950

This is the ultimate mood enhancing massage experience designed to help with jet lag, poor circulation, burnout and fatigue. Expect a full body massage including a foot and scalp massage.

### HALF BODY MASSAGE 45 MIN | 570

Enjoy an entire back of body massage that encourages relaxation and makes you look radiant.

### BACK THERAPY 60 MIN | 620

Back scrub and mask followed by a relaxing back massage.

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## FACIALS

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**LADIES DE-STRESS FACIAL** 60 MIN | 675

Begins with a back, neck and shoulder massage., followed by a facial customised to your skin's specific needs.

**EXPRESS FACIAL** 30 MIN | 490

Includes a luxurious relaxing head, neck and shoulder massage.

**EXECUTIVE MEN'S FACIAL** 60 MIN | 675

Features massage for the face, head, neck and shoulders. A thorough cleansing, toning and herbal exfoliation combined with a calming mask to help relieve razor burn, skin dryness and irritation.

**INDULGENT FACIAL** 60 MIN | 750

A revitalising facial followed by a back massage and a paraffin wax foot/hand treatment.

## HANDS & FEET

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**LADIES FULL PEDICURE** 50 MIN | 450

Includes a relaxing foot massage before adding a splash of colour.

**LADIES FULL MANICURE** 40 MIN | 350

Includes a relaxing hand & arm massage followed by a nail polish colour of your choice.

**GENTS MANICURE OR PEDICURE** 30 MIN | 260

**FEET THERAPY** 60 MIN | 450

Full pedicure & mask

**Add paraffin wax** 10 MIN | 70

