

BREAKFAST

06h30 - 11h00

HARVEST TABLE

FULL ENGLISH - HARVEST TABLE & A LA CARTE

All breakfasts include a choice of toast, filter coffee & teas.
Excludes speciality coffees & teas.

A LA CARTE

VICTORIA

1 egg, bacon, grilled tomato & sautéed herbed mushrooms

ALFRED

2 eggs, bacon, sausage (beef, pork or boerewors), grilled tomato & sautéed herbed mushrooms

MORNAY

poached haddock with creamy brie sauce, poached eggs & smoked paprika

FLORENTINE

toasted english muffin, smoked salmon trout, spinach & hollandaise sauce

ATLANTIC

french toast, bacon, maple syrup & berries

TWO OCEANS

smoked salmon trout, scrambled egg & crème fraîche on a croissant

BENEDICT

toasted english muffin, smoked gypsy ham, poached egg & hollandaise sauce

VEGETARIAN

sautéed herbed mushrooms, grilled tomato, lyonnaise potatoes, scrambled eggs & grilled onions

FRITTATA OMELETTE

open baked potato omelette: chorizo & olive / kale & ricotta / salmon & crème fraîche

RAW OVERNIGHT OATS WITH WAZOOGLES SUPERFOOD

vanilla / choc / nutty / berries

SUPERLATTE SMOOTHIE BOWLS

turmeric / rooibos / sweet potato / matcha / chaga cocoa / beetroot
topped with granola, fresh fruit & nibs

SPECIALITY BREAKFASTS

THE SOUTH AFRICAN

2 eggs, boerewors, bacon, grilled tomato, sautéed mushrooms & sirloin steak

SMOKED SALMON POTATO WAFFLES

2x warm homemade potato waffles, topped with smoked salmon trout, poached egg & hollandaise sauce

FRENCH TOAST, BERRIES AND RICOTTA

vanilla infused ricotta french toast, pan fried in butter, bacon, dressed with seasonal berries & honey

RED PEPPER WAFFLES (BACON OR SALMON)

2x waffles, filled with roasted sweet red pimiento, crumbled feta and sunny-side fried farm eggs - your choice of either smoked salmon trout or bacon

SHAKSHUKA (VEG OR CHORIZO)

oven baked mediterranean tomato bake, infused with notes of cumin, coriander and paprika, pitted kalamata olives, red beans, sunny-side fried eggs & grana padano shavings

BEVERAGES

Included with Continental Buffet and Full English breakfasts:
Native filter coffee & Khoisan Tea: Rooibos, Ceylon and English Breakfast.

SPECIALITY BEVERAGES



Flat White Latte Americano
Macchiato Espresso Cortado Freezochino

KHOISAN TEA

English Breakfast Pure Rooibos Bourbon Vanilla
Earl Grey Rooibos Ginger Peppermint
Chamomile Rooibos Chai Rooibos Green

HOT BEVERAGES

Red Espresso (Rooibos) Divinely Decadent Hot Chocolate Chai Latte
Red Velvet Beetroot Latte Golden Turmeric Latte Matcha Mint Latte
Rooibos Chai Latte Sweet Potato Purple Latte Chaga Cosmic Cocoa Latte

EXTRACTED JUICES 350ml

Orange & Beetroot Cucumber & Mint
Pear, Beetroot, Raspberry & Lemon Pineapple, Carrot & Ginger
Freshly Squeezed Orange Juice Green Apple, Mint & Basil

SMOOTHIES 350ml

BREAKFAST BOOST banana, berries, hemp protein, almond milk, honey, cinnamon
GREEN MACHINE kale, blueberries, spirulina, almond butter, coconut water
CHOCO cacao, banana, dates, almond milk, cinnamon
YOGIBERRY yoghurt, pineapple, papaya, vanilla, blueberries, almonds
THE NUT sugar-free peanut butter, honey, banana, dates
PURIFIER kale, avo, strawberries, papaya, vanilla, coconut water
BERRY BREEZE strawberry, pineapple, apple, yoghurt, honey
MANGO MADNESS mango, hemp powder, vanilla, honey, banana, coconut water