

# BREAKFAST

06h30 - 11h00



## CONTINENTAL BUFFET FULL ENGLISH - BUFFET & A LA CARTE

All breakfasts include a choice of toast, preserves, filter coffee & teas.  
Excludes speciality coffees & teas.



## A LA CARTE

### VICTORIA

1 egg, back bacon, grilled tomato & sautéed herbed mushrooms

### ALFRED

2 eggs, back bacon, sausage (beef, pork or boerewors), grilled tomato & sautéed herbed mushrooms

### MORNAY

poached haddock with creamy brie sauce, poached eggs & smoked paprika

### FLORENTINE

toasted english muffin, smoked salmon trout, spinach & hollandaise sauce

### ATLANTIC

french toast, crispy bacon, maple syrup & berries

### TWO OCEANS

smoked salmon trout, scrambled egg & crème fraîche on a croissant

### BENEDICT

toasted english muffin, smoked gypsy ham, poached egg & hollandaise sauce

### VEGETARIAN

sautéed herbed mushrooms, grilled tomato, lyonnaise potatoes, scrambled eggs & grilled onions

### SPANISH OMELETTE

open omelette with olives, chorizo, tomato, potato, rocket & parmesan

### RAW OATS WITH FRESH BERRIES

flat oats soaked in apple nectar



## SPECIALITY BREAKFASTS

### SMOKED SALMON POTATO PANCAKES

stack of warm homemade potato pancakes, topped with smoked salmon trout roses and dollop of herbed crème fraiche

### FRENCH TOAST, BERRIES AND RICOTTA

vanilla infused ricotta filled french toast, pan fried in butter, crispy overbaked streaky bacon shards, dressed with seasonal berries and honey drizzled

### RED PEPPER GALLETTE WITH BACON OR SALMON

oven baked all-butter puff pastry squares, filled with roasted sweet red pimiento, crumbled feta and sunny-side fried farm eggs - your choice of either smoked salmon trout or bacon

### SPANISH SHAKSHUKA

oven baked mediterranean tomato bake, infused with notes of cumin, coriander and paprika, pitted kalamata olives, spicy spanish chorizo, red beans, sunny-side fried eggs and grana padano shavings

# BEVERAGES

Included with Continental Buffet and Full English breakfasts:  
Native filter coffee & Khoisan Tea: Rooibos, Ceylon and English Breakfast.

## SPECIALITY BEVERAGES



Flat White      Latte      Americano  
Macchiato      Espresso      The Bomb      Freezochino

## KHOISAN TEA

English Breakfast      Pure Rooibos      Bourbon Vanilla  
Earl Grey      Rooibos Ginger      Peppermint  
Chamomile      Rooibos Chai      Rooibos Green

## HOT BEVERAGES

Red Espresso (Rooibos)      Divinely Decadent Hot Chocolate      Chai Latte  
Red Velvet Beetroot Latte      Golden Turmeric Latte      Matcha Mint Latte

## EXTRACTED JUICES 350ml

Citrus & Coriander      Cucumber & Mint  
Orange & Beetroot      Papaya & Green Chilli  
Winter Melon, Chives & Wheatgrass      Pineapple, Carrot & Ginger  
Pear, Beetroot, Raspberry & Lemon      Green Apple, Mint & Basil  
Freshly Squeezed Orange Juice      Spinach, Wheatgrass & Melon

## SMOOTHIES 350ml

**BREAKFAST BOOST** banana, berries, hemp protein, almond milk, honey, cinnamon

**GREEN MACHINE** kale, blueberries, spirulina, almond butter, coconut water

**CHOCO** cacao, banana, dates, almond milk, cinnamon

**YOGIBERRY** yoghurt, pineapple, papaya, vanilla, blueberries, almonds

**THE NUT** sugar-free peanut butter, honey, banana, dates

**PURIFIER** kale, avo, strawberries, papaya, vanilla, coconut water

**BERRY BREEZE** strawberry, pineapple, apple, yoghurt, honey

**MANGO MADNESS** mango, hemp powder, vanilla, honey, banana, coconut water