

## MASSAGE THERAPIES

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### STRESS BUSTER \_\_\_\_\_ 40 MIN | 420

Our ever popular combination of favourites! Concentrating on the back, neck and shoulder area, followed by a deep scale massage and ending off with a pressure point treat on the feet.

### HALF BODY MASSAGE \_\_\_\_\_ 40 MIN | 420

Enjoy the luxury of not being turned during your massage. Your therapist will include your back, neck, shoulders, scalp, arms and the back of your legs in this massage.

### 'THE FALL ASLEEP' MASSAGE \_\_\_\_\_ 50 MIN | 520

Lie on your back and drift into a complete state of relaxation as your therapist uses slow deep massage techniques to calm down tense head, neck & shoulder muscles. You will then be turned onto your stomach whilst the therapist continues with a relaxing massage on your legs and ultimately your back. This massage makes use of body butter that melts under the warmth of the therapists hands

### BACK & NECK MASSAGE \_\_\_\_\_ 30 MIN | 320

### HOT STONE BACK MASSAGE \_\_\_\_\_ 30 MIN | 320

## FACIAL THERAPIES

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### BALANCING FACIAL \_\_\_\_\_ 40 MIN | 420

A facial customised to your skins specific needs. Includes a luxurious relaxing head, neck and shoulder massage.

### LADIES DE-STRESS FACIAL \_\_\_\_\_ 40 MIN | 420

This facial will start off with a back, neck and shoulder massage. Then a facial customised to our skin's specific needs. Also includes a luxurious relaxing head, neck and shoulder massage.

### INDULGENT FACIAL \_\_\_\_\_ 50 MIN | 520

Not only will you have a facial, but also receive a mini back massage and warming and nourishing paraffin wax foot or hand treatment.

### EXECUTIVE MENS FACIAL \_\_\_\_\_ 50 MIN | 520

Start off with a back massage, and then enjoy a cleansing facial with a head, neck and shoulder massage.



# Nkomazi

— GAME RESERVE —

## BODY TREATMENT

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### FULL BODY SCRUB \_\_\_\_\_ 60 MIN | 590

Rid your body of dead cells by having a full body scrub followed by an ultra-luxurious body baobab moisturising lotion. Includes a back and neck massage.

### KOMATI RIVER RAPIDS \_\_\_\_\_ 60 MIN | 590

Start off with a full body scrub. Then be treated to a full body wrap. Whilst wrapped relax with a soothing foot massage. Your treatment will be completed with a hot stone back massage.

### COUPLES DELIGHT \_\_\_\_\_ 45 MIN | 700

Enjoy a back, neck and scalp massage followed by a milk bath and a complimentary glass of sparkling wine.

(This treatment is subject to the availability of 2 therapists. Please note that couples will be in individual rooms, although the bath will be together)

### BACK & NECK MASSAGE \_\_\_\_\_ 30 MIN | 320

### HOT STONE BACK MASSAGE \_\_\_\_\_ 30 MIN | 320

## HAND & FOOT RITUALS

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### LADIES SPA PEDICURE \_\_\_\_\_ 50 MIN | 390

Your treatment will start off with a granite exfoliation followed by nail and cuticle attention. Then a nice foot rasp to remove all dead skin, followed by a relaxing foot massage! Your treatment will conclude with a nail colour of your choice.

### LADIES SPA MANICURE \_\_\_\_\_ 40 MIN | 260

Your treatment will start off with a granite exfoliation followed by nail and cuticle attention. Then enjoy a relaxing hand and arm massage! Your treatment will conclude with a nail colour of your choice.

### GENTS TIDY HANDS OR FEET \_\_\_\_\_ 30 MIN | 260

Well-groomed hands and feet are essential. Let us treat your nails and your cuticles. Exfoliate the skin, and pamper with an enjoyable massage.

### ADD PARAFFIN WAX \_\_\_\_\_ 10 MIN | 70

