



SPA MENU







Complete relaxation awaits at this classic and sophisticated spa. Natural, eco-friendly products and a selection of rejuvenating treatments make the Africology inspired experience an authentic delight.



KAROO WELLNESS PACKAGES

Drostdy Signature Package

Karoo Secrets Full Body Exfoliation & Wrap
Aroma Oil Massage
Healthy Lunch & non-alcoholic beverage
Rose Quartz Facial
Classic Pedicure OR Classic Manicure

5hrs | **R2750**

Camdeboo Classic Package

Aroma Oil Massage
Classic Facial
Classic Pedicure OR Classic Manicure

3hrs | **R1300**

Karoo Couples Escape Package

Aroma Oil Massage
Classic Pedicure OR Classic Manicure

2hrs | **R950_{pp}**

Chakra Infusion Package

Chakra Infused Aroma Oil Massage
Chakra Facial

2hrs | **R1000**

Refreshing Travelers Package

Aroma Oil Massage
File, buff & paint on hands OR feet

1.5hrs | **R780**

Grooming Duo Package

Rose Quartz Express Facial
File, buff & paint on hands OR feet

60min | **R610**

FACIAL EXPERIENCES

Signature Karoo Escape Facial

Most facial tension originates from the upper back and shoulder region, this treatment alleviates tension by exfoliation and stress relief massaging rounded off with a refreshing herbal infused facial treatment.

90min | **R900**

Rose Quartz Facial

The ancient healing abilities of rose quartz paired with our award-winning rose serum and rhythmic massage techniques will restore the skin's balance and ensure maximum glow.

60min | **R780**

Classic Facial

For a radiant boost and an indulgent pick me up, this is an interactive and targeted approach to your specific facial needs.

45min | **R550**

BODY COCOONING

Karoo Secrets

Full body exfoliation & wrap 60min | **R880**

Full body exfoliation, wrap & massage 120min | **R1380**

Inspired by nature, perfected by man!

Following a full body exfoliation, our heated aromatic mud will melt into your skin whilst you enjoy a scalp massage and pressure point foot massage. Linger with us by continuing with a full body Swedish massage (safe during pregnancy and breastfeeding).

Full Body Polish

45min | **R470**

Perfect on it's own or paired with any of our massages!

The rhythmic removal of dead skin cells will ensure a lighter feel and glowing skin.

MASSAGES

Signature Soul of the Karoo Experience 90min | **R1100**

The perfect muscle restoration by means of a back exfoliation and heated aromatic mud application. A full body massage comprising of long strokes and kneading will soulfully settle you into the heart of the Karoo...

Aroma Oil Massage

45min | **R660**

60min | **R880**

90min | **R1100**

The healing benefits of aromatherapy will ensure relaxation and deep sleep.

Aromashea Balm Massage

45min | **R600**

60min | **R750**

90min | **R1000**

Sheer luxury - craft your own sensory experience from a vast selection of aromashea balms. The aroma lingers for hours to come - your body will thank you!

Hot Stone Massage

60min | **R720**

90min | **R1100**

Warm Basalt stones are used to enhance the benefits of traditional massage.

Balancing Back, Neck & Shoulder Massage 45min | **R720**

Ease your mind and calm your senses with this restorative treatment. Hot stone placement ensures complete balancing.

Traveler's Scalp and Leg Massage

45min | **R550**

For those traveling, pamper yourself with a revitalising circulation-boosting massage and soothing lower leg wrap.

MANICURE & PEDICURE

Signature Spa Manicure 80min | **R410**

More than just a manicure, this treatment includes a rebalancing hand soak, exfoliation, bespoke massage, filing, cuticle care and varnishing along with a revitalizing skin wrap and luxurious shoulder massage.

Classic Manicure 60min | **R330**

This classic treatment includes hand exfoliation, filing, cuticle care, varnishing and a nourishing massage.

Signature Spa Pedicure 80min | **R500**

Advanced heel callus therapy followed by a rebalancing foot soak, exfoliation, bespoke massage, foot filing, cuticle care and varnishing along with a revitalizing skin wrap and luxurious shoulder massage.

Classic Pedicure 60min | **R410**

This classic treatment includes a foot soak, exfoliation, foot filing, cuticle care, varnishing and a nourishing massage.

Heel Therapy 30min | **R300**

This foot treatment is ideal for diabetics and individuals suffering from cracked heels or excessive hard skin build-up on their feet. We use a scientifically formulated, pain-free treatment to expertly remove any stubborn hard skin without injuring healthy skin in the process.

File Buff and Paint 30min | **R170**

The perfect option if you simply want to keep your nails groomed, this treatment includes cutting, filing, buffing & varnishing.

Soak Off & Grooming 30min | **R85**

GROOMING

Waxing on request

KIDS SPA

for children 12 years and younger

Little Bespoke Facial 30min | **R300**

An introductory facial treat

Coconut Cocoon 30min | **R300**

Relaxing body massage

Sleepy Head and Feet 30min | **R250**

For over active children

Mini Lavender Mani 30min | **R150**

Grooming and nail painting

Mini lavender Pedi 30min | **R150**

Grooming and toe painting

SPA FACILITIES

Himalayan Salt Sauna

Complimentary offering to all spa guests enjoying a treatment. To enjoy full benefits ensure arrival 30min prior to your spa reservation. Please enquire at our spa about the wellness benefits of the Himalayan Salt Sauna.

Hair Salon

Local stylist offering a range of salon services to compliment your spa experience.

SPA ETIQUETTE

Drostdy Hotel & Spa warmly welcomes you to our spa, and we trust that you will enjoy your every experience with us. Please take note of the following:

All our prices are subject to change without notice. Payments can be made in either cash or credit cards. No cheques will be accepted.

Children

Please do not bring children to appointments unless the child will be receiving a treatment as well. Please be sure when scheduling as children are not to be left unattended.

Contra-indications

Please inform your therapist if any of the following conditions apply to you:

- High blood pressure
- Muscle or joint injuries
- Pregnancy

Mobile Phones

Please ensure mobile phones are switched off during treatments.

Punctuality

Please arrive at least fifteen minutes before an appointment. Should you arrive after your scheduled time, your treatment time will either be reduced or forfeited. The original price for the treatment will be charged regardless of duration.

Cancellation Policy

If you need to cancel an appointment, please provide us with six hours' notice, or the full cost of the appointment will be charged.

Indemnity

Drostdy Hotel & Spa and its therapists cannot accept responsibility for injuries, adverse reactions or complications before, during or after treatments, or for theft, damage, loss or accident that occurs on the premises.



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