

## COLD CONTINENTAL BREAKFAST

70

Selection of cereals – all bran, rice krispies & homemade granola

V

Plain & strawberry yoghurt, freshly cut seasonal fruits

V

Pastry selection - apple danish, plain croissants, custard puffs and muffins

V

Cheese platter – goat’s cheese, boerenkaas, cheddar, chunky cottage cheese

V

Cold meat platter – ham, salami, prosciutto

Selection of fruit jams and honey

V

Rye and health bread – served on request

## INDIVIDUAL BREAKFAST

Breakfast bowl

44

V

Homemade granola with seasonal fruit, fresh Greek yoghurt and honey

Warm oats with honey, cinnamon and almonds

28

V

Maize meal porridge with honey and butter

18

V

Soft poached eggs on sourdough bread with spicy guacamole

45

V

Flapjack stack

50

A flapjack stack with bacon, Camembert cheese Caramelized apple

Breakfast on the go: two eggs, bacon & toast

45

Classic: two eggs,

80

bacon, baked beans, beef sausage, sautéed potatoes, grilled tomato, mushroom & toast

3 egg omelette - plain

35

with your choice of filling:

tomato R5.00 | onion R5.00 | spinach R6.00 | mushroom R6.00

bacon R10.00 | ham R10.00 | cheese R15.00

# BREAKFAST **MENU**

06H30 TO 11H00

## TEAS & COFFEE

Filter coffee   Single macchiato   Single espresso   Americano Double espresso   Double macchiato   Cappuccino	20
Café latte   Hot chocolate	24
Selection of Teas	18

# LUNCH **MENU**

12H00 TO 15H00

## WRAPS 78

Moroccan Beef Kofta, with salad greens, cream cheese, roasted peppers, Kofta & boiled egg	66	
Chicken Wrap Pan-fried Chicken strips, rocket, tomato julienne cucumber pepper dew feta sweet chili Mayo	68	
Vegetables Wrap Crispy Vegetable bites served with roasted peppers salad greens spicy Chick pea Humus Julienne of cucumber, Tomato Tzatziki cream All wraps are served with a choice of French fries or a side salad	67	V

## SALADS 67

Summer Salad Grapefruit, mandarin & orange segments, mixed salad leaves, dried cranberries, goat's cheese pistachios & a honey citrus dressing	90	V
Caesar Salad Lettuce, cherry tomatoes, cucumber, avocado, croutons, anchovies, boiled egg, parmesan shaves & caesar dressing add: bacon R10.00   chicken R20.00	40	V

**EASY EATING**

Mozambican-style chicken livers	40	
Za'atar chicken schnitzel and fresh mielie salad with peppers, red onions, cucumber, cherry tomatoes in a balsamic dressing	95	
Beef and bacon burger, crispy bacon and Boerenkaas served with a side salad or fries	80	
Cape malay lentil & vegetable bobotie served with ginger & cherry tomato jam	57	V
Classic battered hake fillet & chips or salad served with a tartare sauce	65	
Chargrilled Rump Steak topped with a cracked black peppercorn mushroom cognac & cream sauce served with potato & vegetables of the day	115	
Durban style spicy prawn curry served with fragrant basmati rice accompanied with papadum, chutney sambals and carrot salad	130	

**DESSERT**

Rooibos & cardamom malva pudding	61	
Melktert with cinnamon ice cream & cape goose berries	32	