

BREAKFAST

06h30 - 11h00



CONTINENTAL BUFFET FULL ENGLISH - BUFFET & A LA CARTE

All breakfasts include a choice of toast, preserves, filter coffee & teas.
Excludes speciality coffees & teas.



A LA CARTE

VICTORIA

1 egg, back bacon, grilled tomato & sautéed herbed mushrooms

ALFRED

2 eggs, back bacon, sausage (beef, pork or boerewors), grilled tomato & sautéed herbed mushrooms

MORNAY

poached haddock with creamy brie sauce, poached eggs & smoked paprika

FLORENTINE

toasted english muffin, smoked salmon trout, creamed spinach & hollandaise sauce

ATLANTIC

french toast, crispy bacon, maple syrup & berries

TWO OCEANS

smoked salmon trout, scrambled egg & crème fraîche on a croissant

BENEDICT

toasted english muffin, smoked gypsy ham, poached egg & hollandaise sauce

VEGETARIAN

sautéed herbed mushrooms, grilled tomato, lyonnaise potatoes, scrambled eggs & grilled onions

SPANISH OMELETTE

open omelette with olives, chorizo, tomato, potato, rocket & parmesan

RAW OATS WITH FRESH BERRIES

flat oats soaked in apple nectar



SPECIALITY BREAKFASTS

SMOKED SALMON POTATO PANCAKES

stack of warm homemade potato pancakes, topped with smoked salmon trout roses and dollop of herbed crème fraîche

FRENCH TOAST, BERRIES AND RICOTTA

vanilla infused ricotta filled french toast, pan fried in butter, crispy overbaked streaky bacon shards, dressed with seasonal berries and honey drizzled

RED PEPPER GALLETTE WITH BACON OR SALMON

oven baked all-butter puff pastry squares, filled with roasted sweet red pimiento, crumbled feta and sunny-side fried farm eggs - your choice of either smoked salmon trout or bacon

SPANISH SHAKSHUKA

oven baked mediterranean tomato bake, infused with notes of cumin, coriander and paprika, pitted kalamata olives, spicy spanish chorizo, red beans, sunny-side fried eggs and grana padano shavings

BEVERAGES

Included with Continental Buffet and Full English breakfasts:
Native filter coffee & Dilmah Tea: Rooibos, Ceylon and English Breakfast.

SPECIALITY BEVERAGES



Flat White Latte Americano
Macchiato Espresso The Bomb Freezochino

DILMAH TEA

Rose & Vanilla Vanilla Ginger & Honey
Apple & Cinnamon Spicy Berry Fruity Minty Delicious
Blackcurrant Peach Lemon & Lime

HOT BEVERAGES

Red Espresso (Rooibos) Divinely Decadent Hot Chocolate Chai Latte
Red Velvet Beetroot Latte Golden Turmeric Latte Matcha Mint Latte

EXTRACTED JUICES 350ml

Citrus & Coriander Cucumber & Mint
Orange & Beetroot Papaya & Green Chilli
Winter Melon, Chives & Wheatgrass Pineapple, Carrot & Ginger
Pear, Beetroot, Raspberry & Lemon Green Apple, Mint & Basil
Freshly Squeezed Orange Juice Spinach, Wheatgrass & Melon

SMOOTHIES 350ml

BREAKFAST BOOST banana, berries, hemp protein, almond milk, honey, cinnamon

GREEN MACHINE kale, blueberries, spirulina, almond butter, coconut water

CHOCO cacao, banana, dates, almond milk, cinnamon

YOGIBERRY yoghurt, pineapple, papaya, vanilla, blueberries, almonds

THE NUT sugar-free peanut butter, honey, banana, dates

PURIFIER kale, avo, strawberries, papaya, vanilla, coconut water

BERRY BREEZE strawberry, pineapple, apple, yoghurt, honey

MANGO MADNESS mango, hemp powder, vanilla, honey, banana, coconut water